

Pacific Northwest Hikes Featured in an Article by Elizabeth Griffin

By Chris Smith, pnwhikes.com

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Elizabeth Griffin of the Journal Media Group has written an article about hiking in autumn in the Pacific Northwest and has featured pnwhikes.com.

Pacific Northwest Hikes (pnwhikes.com) has been featured in the article "Take a hike to see fall colors" by Elizabeth Griffin of the Journal Media Group (http://www.journal-newspapers.com/articles/2009/10/06/in_this_issue/monthly_features/doc4ac4f298a6d6d953850259.txt). The article explains the basics to consider before choosing and embarking on a hike. Specific hikes have been suggested in order to see beautiful fall colors and they include Beaver Lake Preserve, Beacon Rock State Park, Cascade Pass and Kendall Katwalk. More information on these hikes, and others, can be found at <http://www.pnwhikes.com>.

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pnwhikes.com is a free website featuring hiking trails from around the Pacific Northwest. Over 350 trails are currently listed and the site offers many more features including an online store and 'My Journal', an interactive hiking report system.

Category	Health, Fitness, Hiking
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